

insight

Editor – Rachel Weeks

THE NEWSLETTER OF THE AUSTRALIAN INSTITUTE FOR ENNEAGRAM STUDIES

Certification program

2007 has been a terrific year for the AIES' new and improved certification program.

The interns have participated in a rigorous and comprehensive training involving the accurate assessment of personality type, and the history, psychology and philosophy of the Enneagram.

The program involves 10 full-day workshops, and the recording of assessment interviews of personality type, combined with an extensive reading list and final written assessment.

As the certification workshops are open to both interns and registered certified Enneagram teachers, they are a wonderful opportunity to develop a true

'community' of trained teachers. This may be expanded further as a result of the AIES' current discussions with the Enneagram community in Cincinnati, Ohio, to begin an exchange program for the respective faculties.

The AIES is particularly pleased with the progress of our current interns, Jane Buxton, Tony Walters and Philip Wibaux, who in exchange for their training, volunteer their time to coordinate and facilitate the weekly panel program at the AEC.

Those readers who attend panels at the Australian Enneagram Community at St Mary's will have seen Jane, Tony and Philip involved in co-facilitating panels and Ninetrak presentations. Some of you may even have been a subject

IN THIS ISSUE

Certification program	1
Andelaine	1
Tao Te Ching	2
IEA Conference 2007	2
AIES symposium in May 2008	3
AEC Annual General Meeting & Christmas Party	3
Certification program	3
Relaxation Centre	3
Meditation weekends	4
Woodford Folk Festival	4
AEC Mission Statement	4
Scholarships closing soon!	4
2008 Meditation weekends	4
2008 Contemplative retreats	4
Insight & contemplative retreats	5
Angie's recipe	6
2008 calendar	6

in the Enneagram typing interviews they are currently conducting.

The AIES is also proud of the program's development by Katrina Stevens and the commitment of its senior teachers, Dr Margaret Buring, David Burke and Rachel Weeks, all of whom give enormous amounts

continued on page 3

ANDELAINÉ

Andelaine is the centre of the AIES meditation and contemplation program. As part of the ongoing, continuing development of this contemplation hub, a centuries-old neo-Gothic church will be relocated there as the designated meditation hall for future retreats.

The church, which is presently located near Gayndah, 3 hours north of Brisbane, will be divided in two, and transported by road in a feat of extraordinary modern logistics and engineering, to Andelaine, where it will be reassembled and renovated.

A number of benefactors have contributed generously financially to this project in order to physically



complement the existing contemplative program and community.

When completed, the meditation

hall will be large enough to fit 200 people, with catering and toilet facilities. It will be annexed to the existing house as an extension via a cloister.

Tao Te CHING

The Tao Te Ching is an ancient Chinese text which has had a profound influence upon Buddhism and Christianity. Written over 3,000 years ago, it is an elegant, poetic book that describes the relationship between an individual and the rhythmic cosmic forces that surround them.

It is one of the foremost spiritual and philosophic texts of humankind.

As part of the insight and contemplative retreats conducted at Natural Bridge over the last 10 years, David Burke has translated the Tao Te Ching in the light of his understanding of the desert contemplative tradition of Christianity, and the influence of Neoplatonism on Western thought.

He brings alive what can be an archaic and cryptic text, placing it in the context of modern thought and

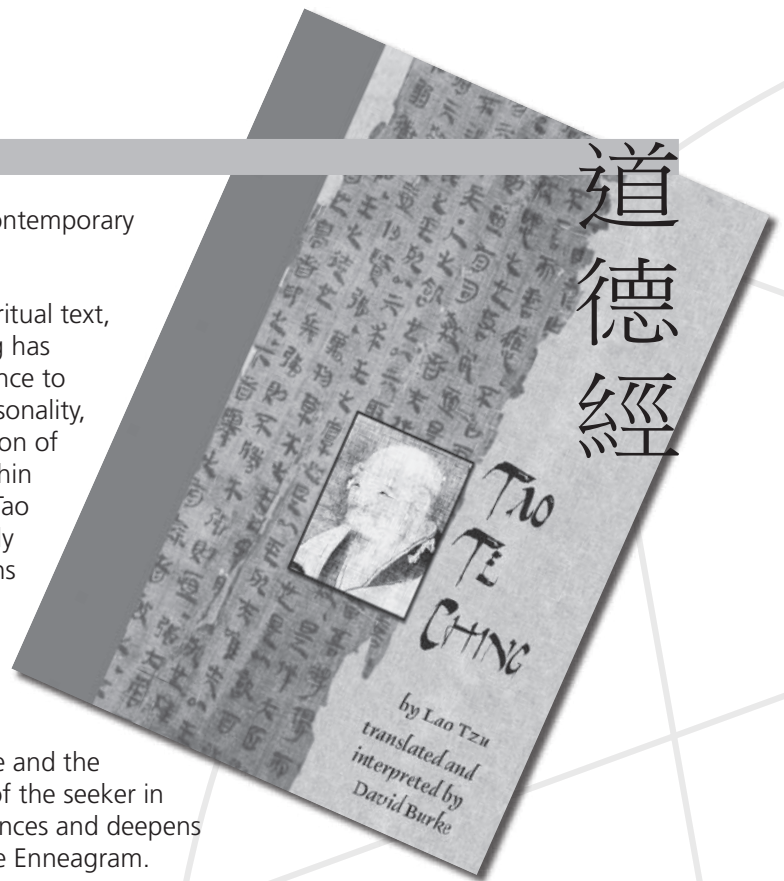
in the style of contemporary language.

As a seminal spiritual text, the Tao Te Ching has particular relevance to the study of personality, and the expression of the passions within a person's life. Tao Te Ching, roughly translated, means the way of virtue, and it describes in elegant simplicity the practice of virtue and the enlightenment of the seeker in a way that enhances and deepens insights from the Enneagram.

Launched at the International Enneagram Association Conference in San Francisco in August this year, the book was an immediate success and has already been the subject

of a radio program in the United States.

Copies may be ordered by contacting aies@bigpond.com.au.



IEA CONFERENCE 2007

In August this year, four hardy adventurers set forth from Brisbane in a grand expedition to the 2007 conference of the International Enneagram Association in San Francisco, USA. The conference was held at the Sofitel in Silicon Valley, with the theme 'On the path to global unity – the Enneagram as a transformative tool'.

With over 400 participants, it brought together the leading international writers and thinkers of the Enneagram universe, including representatives from Oscar Ichazo's Arica Institute and delegates from over 30 countries.

Dr Brian Swimme, a mathematical cosmologist on the graduate faculty of the California Institute of Integral Studies in San Francisco, delivered the key note address on The Cosmology of the Enneagram. His seven minute journey

through the cosmos was extraordinary.

The conference again featured David Burke, speaking on the Enneagram and the Tao Te Ching.

The friendships, love and support that were shared and grown during the conference were founded on the work undertaken in this field



by David Burke, and will provide a strong foundation for ongoing ties between the Enneagram community in Australia and other communities overseas.



Dr Hwan-Young Kim, Philip Wibaux, Rachel Weeks, David Burke and Dr Margaret Buring

AIES Symposium in May 2008

As part of its ongoing development of the Enneagram in Australia, the AIES will conduct a one day Enneagram symposium on Saturday 24 May 2008.

The symposium will feature speakers from Australia and overseas,

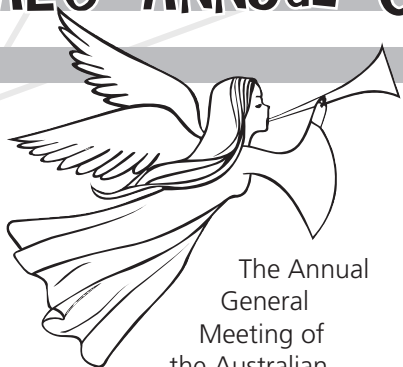
presenting papers about the Enneagram and its application in the modern world.

Topics will include Joseph Campbell's life and work, geometry and numerology, the desert mystical tradition, and Islamic mystical

poetry.

Further details about the symposium will be made available on the AIES website www enneagram.com.au, and by contacting Rachel Weeks via rachel@noctua.net.au.

AEC ANNUAL General Meeting and Christmas Party



The Annual General Meeting of the Australian Enneagram

Community is to be held on Sunday 2 December at 11 am at the house of Luke and Tracy Lawrence-Baker at 56 Effingham Street, Tarragindi.

Please contact Rachel Weeks on

rachel@noctua.net.au if you are interested in attending the AGM.

This will be followed by the community Christmas party, commencing at approximately 12.00pm.

We would be delighted to welcome one and all to this end of year celebration!

Our beloved chef, Angie Blanch, will be coordinating the food and drink – so please contact her on (07) 3345-3416 or angie.blanch@gmail.com and

bring along a plate to share.

We look forward to seeing you all then!



Certification program

continued from page 1

of time on a volunteer basis to expand and grow the curriculum and nurture the participants.

The program has been so successful that it will be expanded next year. The Institute will be offering up to five scholarships from Easter 2008, bearing the costs of all tuition fees for successful applicants, valued at \$12,000 each.

The Institute is calling for applications in 2008 for those interested in becoming certified Enneagram teachers and receiving a Diploma of Enneagram Studies.

Applications must be received by 30 November 2007. All enquiries should be addressed to the Registrar at info@enneagram.org.au

Relaxation Centre

The Relaxation Centre has for over 30 years, provided a vibrant beating heart to the commercial and social development of Queensland. Hundreds of thousands of people have participated in its extensive array of programs, and many if not most of the leading writers, thinkers, therapists and presenters of the modern consciousness movement have presented at the centre since it opened.

Lionel Fifield, who founded the centre, continues to be a humble, inspirational and wise influence in the day to day life of the centre.

David Burke has been presenting at the Relaxation Centre over the last few years, running 4 series of three night programs focused on the Enneagram and human intelligence, the mystical origins of the Enneagram, and the universal laws underpinning the Enneagram. The next series will be held at 7pm on Wednesday 15, 22 and 29 November.

He will also offer a one day program on 1 December 2007 at the Relaxation Centre, focussing on the Enneagram and Meditation, commencing at 10am and ending at 4pm. Entrance fees are \$55, with members receiving a discounted fee of \$15.

Please book through the Relaxation Centre and bring lunch to share.

Meditation WeekEnds

The AIES has conducted six very successful meditation weekends at Andelaine and the Log Cabin at Natural Bridge during 2007.

The Institute is very grateful for the dedication and hard work and entrepreneurial cooking of chef, Angie Blanch, who generously donates her time and expertise to provide a delicious and constantly shifting array of gourmet delights.

The Log Cabin has provided a wonderfully comfortable and warm environment for the meditation, and offers accommodation for as many people as wish to attend.

Dr Margaret Buring has done a stellar job in organising the weekends, and her hospitality at Andelaine has provided a real and supportive welcome to all participants.



Woodford Folk Festival

Jingle bells, jingle bells

The highlight of the festive season for many people in south-east Queensland is the Woodford Folk Festival. The festival is an international meeting place for new ideas, cutting edge presentations, and outstanding music.

This year, it will feature as one of its key note presenters, David Burke, speaking about the application of the Enneagram in the context of sustainable living, intimate relationships and global awareness.

David is speaking on 1 January 2008. Details of the Woodford Folk Festival are available from www.woodfordfolkfestival.com.

THE AUSTRALIAN INSTITUTE FOR
enneagram studies

SCHOLARSHIPS CLOSING SOON!

The AIES is offering a number of certification scholarships from Easter 2008, valued at \$12,000 each.

The Institute is calling for applications in 2008 for those interested in becoming certified Enneagram teachers and receiving a Diploma of Enneagram Studies.

Applications must be received by 30 November 2007. All enquiries should be addressed to the Registrar at info@enneagram.org.au

2008 Meditation WeekEnds

23-24 February 2008
15-16 March 2008
19-20 April 2008
21-22 June 2008
27-28 September 2008
25-26 October 2008
22-23 November 2008

2008 Contemplative retreats

5 day retreat: 28 April – 2 May
13 day retreat: 17 – 29 August

Bookings may be made by contacting Margaret Buring by email at mlburing@bigpond.com

AEC MISSION Statement

We believe that self-awareness leads to falling in love.

We are a caring community where understanding enriches relationships.

All are welcome without exception.

the Australian
enneagram
Community

INSIGHT & CONTEMPLATIVE retreats

The central spiritual focus of the Australian Enneagram Community is the long contemplative retreat program which is held at the Hermitage at Natural Bridge, each year. Now in its 12th year, these 5 and 9 day retreats provide the opportunity for a deep and insightful experience of life and relationships, involving 7 hours of silent meditation each day, and readings from the great spiritual traditions of the world, including the Pslams, Tao Te Ching, Rumi, Evagrius, Michael Leunig and the writings of Christian mystics.

In addition to the 7 hours of meditation, the daily program during the retreat includes physical exercise, domestic duties, craftwork such as mosaic and scrapbook activities and journalling.

The retreat has been variously described as profound and life-changing.

Meditation that affects and nourishes the person in daily life needs to be nurtured and strengthened by serious and intensive meditation that only a long meditation sit can provide.

It is with some pride that our community has been at the



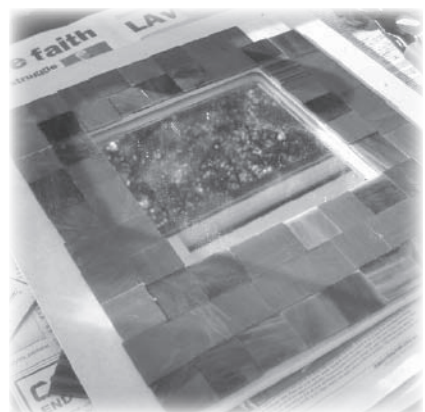
forefront of providing substantial and serious meditation programs so as to sustain people's busy and complex modern lives.

This contemplative program will be further developed in 2008, with both the traditional 5 day retreat, and our first 13 day silent retreat to be held in August next year.

While the 5 day retreat is designed for people wishing to make meditation an important part of their daily life, the 13 day retreat will be for experienced meditators



The mosaic mirrors created during the retreats reflect the 'polishing of the soul' that takes place during The Great Silence.



who already have a significant, substantial and consistent daily practice. The focus of the 13 day retreat will be the sayings and lives of the great men and women of the mystic desert tradition in the Apophthegmata Patrum.

For further details, contact Dr Margaret Buring on mlburing@bigpond.com.

Angie's recipe



Angie is well known to participants of our meditation weekend retreats as 'chef extraordinaire'!

Mango and Passionfruit Trifle

- 1 cup sweet sherry
- 1 cup passionfruit pulp (about 10 passionfruit)
- ½ packet thick sponge-finger biscuits (savoiardi)
- 4 large ripe mangoes, cut into thick slices

Custard

- 600 mls cream
- Vanilla bean, split in half
- 6 egg yolks
- 3 tbsp cornflour

To decorate

- 300 ml cream, whipped
- 5 meringue nests, crumbled
- 1. Put sherry and passionfruit into a shallow dish. Dip biscuits, one at a time, in the mixture and arrange over the base and partially up the side of a large glass bowl. Reserve the passionfruit syrup.
- 2. Arrange the sliced mango on the

- biscuits, making sure the fruit is showing around the sides of the bowl.
 - 3. To make the custard, put the cream and vanilla bean in a large saucepan and slowly heat until almost boiling. Separately, whisk together the egg yolks, sugar and cornflour, then gradually whisk in the warmed cream. Return the custard to the saucepan and cook on low heat, stirring continuously until the custard thickens (do not boil). Cover the surface with plastic wrap and allow to cool.
 - 4. Pour custard over the mangoes and top with the whipped cream. Cover and refrigerate over night.
 - 5. Serve the trifle topped with crumbled meringue and the reserved passionfruit syrup.
- The sherry can be substituted with your favorite alcohol.
Great served at Christmas time.

DAVID'S

Quote of the Day

Love remains the central means by which human and ecological survival is to endure upon the earth.

DJB

Enjoy!

2008 calendar

Panel	Series 53	Series 54	Series 55	Series 56
Ninetrak	30 January	23 April	9 July	8 October
Type 3	6 February	30 April	16 July	15 October
Type 6	13 February	7 May	23 July	22 October
Type 9	20 February	14 May	13 August	29 October
Type 1	27 February	21 May	20 August	5 November
Type 4	5 March	28 May	27 August	12 November
Type 2	12 March	4 June	3 September	19 November
Type 8	19 March	11 June	10 September	26 November
Type 5	26 March	18 June	17 September	3 December
Type 7	2 April	25 June	24 September	10 December

- For further information regarding the AIES and its activities, visit www.enneagram.com.au.
- The AIES would like to express its heartfelt thanks to Anthony Tindale for his artistry and hard work on the production of the Insight newsletters.
- Those wishing to contribute to the next edition of Insight, should direct their submissions to the editor, Rachel Weeks on rachel@noctua.net.au